

**KENTUCKY UNITED NATIONS ASSEMBLY
OFFICIAL PROPOSAL**

Proposal #: **68**

Assignment: **D**

Country: Tonga

School: Warren Co. MS

City: Bowling Green

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Title: An act to decrease obesity in Tonga.

BE IT HEREBY ENACTED BY THE GENERAL ASSEMBLY OF THE UNITED NATIONS

Justification Clause:

Six out of every ten Tongans are obese. The spread of obesity, with adults, is a 56% increase yearly. On average, Tongans eat four times the amount of food recommended on a weekly basis by the nation's health department. If a guest comes into someone's home, they are welcomed with food as this is the traditional Tongan culture. Tonga is one of the top ten fattest nations in the world. Hospitals are being used as fitness facilities; however, this leads to other problems with more emergent illnesses like those who seek treatment for heart disease or kidney failure; two illnesses linked with obesity.

Section I:

In order to solve the problem, we plan to build fitness facilities throughout the country so citizens can exercise and be educated about fitness and health. The World Health Organization will help the cause by supplying funds to convert already existing buildings into fitness and health education centers.

Section II:

The fitness and health education facilities will help make citizens aware of obesity related problems and how to combat their illnesses and live a healthier lifestyle. Participants will learn about the importance of exercise, how to prepare healthier meals, and how to eat in moderation. This service will be provided for a small fee based on the individual's income.

Section III:

Unemployed Tongan citizens will be hired by the fitness centers to physically train and teach those who come to learn about health and fitness. These professionals will be trained through a six-month course at a local university (paid for by the World Health Organization). This will also help with the unemployment problem in Tonga.

Section IV:

This proposal will be enacted upon passage and will be in full effect after an 18 month training and building period.