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|  <b>KENTUCKY YMCA YOUTH ASSOCIATION<br/>KENTUCKY YOUTH ASSEMBLY<br/>Legislative Bill</b> | <b>Blue   Bill # HB 30</b>  |                                     |               |                                     |                                     |                                       |                                       |
|   | <b>Referred to Committee:<br/>House 2</b>   |                                     |               |                                     |                                     |                                       |                                       |
| <b>Authors:</b> Mallory Killion, Mady Strong, Holly Mackin, Molly Abel  | <b>Action on the Bill</b><br><br><table> <tr> <td><b>House</b></td> <td><b>Senate</b></td> </tr> <tr> <td>___ <input type="checkbox"/> Passed</td> <td>___ <input type="checkbox"/> Passed</td> </tr> <tr> <td>___ <input type="checkbox"/> Defeated</td> <td>___ <input type="checkbox"/> Defeated</td> </tr> </table> | <b>House</b>                        | <b>Senate</b> | ___ <input type="checkbox"/> Passed | ___ <input type="checkbox"/> Passed | ___ <input type="checkbox"/> Defeated | ___ <input type="checkbox"/> Defeated |
| <b>House</b>  |   | <b>Senate</b>                       |               |                                     |                                     |                                       |                                       |
| ___ <input type="checkbox"/> Passed   |   | ___ <input type="checkbox"/> Passed |               |                                     |                                     |                                       |                                       |
| ___ <input type="checkbox"/> Defeated   | ___ <input type="checkbox"/> Defeated   |                                     |               |                                     |                                     |                                       |                                       |
| <b>School:</b> Sacred Heart Academy   |   |                                     |               |                                     |                                     |                                       |                                       |
| <b>City:</b> Louisville   |   |                                     |               |                                     |                                     |                                       |                                       |

1 An act to change the Kentucky Department of Education Physical Education requirement to allow a semester  
2 of self-defense class as an alternative to high school gym classes.  
3

4 **Be it enacted by the Youth Assembly of the Commonwealth of Kentucky**  
5

6 Section 1: Currently in the state of Kentucky, the number of harassments against young women is growing  
7 compared to prior years, as 1 in 3 women living in Kentucky will be a victim of domestic violence in her  
8 lifetime. Offering a self defense course as an alternative to physical education would provide high school  
9 females with extended knowledge regarding their protection.

10

11 Section 2: 1 in 9 adult women in Kentucky have reportedly been raped or sexually assaulted in their lifetime.  
12 According to a recent study, 1 in every 5 female high school students are subject to dating violence. If  
13 women are not educated on the severity of abuse, then they are more susceptible to oppression.  
14

15 Section 3: This proposal will include hiring qualified teachers, those who have credentials in physical  
16 education or preferably a bachelor's degree, to teach female students the basics of Self Defense and how to  
17 avoid other harmful situations. This class will include tactics to avoid verbal and physical abuse. Such as,  
18 detecting danger, basic striking skills, basic holds, ground survival, and lastly will provide simulations of  
19 attacks. The class will be modeled off of other self defense classes.  
20

21 Section 4: This class will not be required as part of regular curriculum, however it will be offered to replace  
22 one semester of the student's regular physical education course.

23

24 Section 5: The class will be funded by the state. The teacher will be paid the same salary as a Physical  
25 Education teacher. All other equipment needed will also be provided by the state.  
26

27 Section 6: This bill will go into effect at the start of the 2015-2016 school year.