the KENTUCKY YMCA YOUTH ASSOCIATION KENTUCKY YOUTH ASSEMBLY Legislative Bill	Blue   Bill # SB 31	
	<b>Referred to Committee:</b> Senate 3	
Authors: Claire Church, Emma Hundley, Claire McDonald	Action on the Bill	
School: Sacred Heart Academy	House S	enate
City: Louisville	🗆 Passed [ 🗆 Defeated [	<ul> <li>Passed</li> <li>Defeated</li> </ul>

An act to require health insurance companies to cover expenses involving eating disorders.

## Be it enacted by the Youth Assembly of the Commonwealth of Kentucky

Section I: An eating disorder is a physiological disorder that affects a person mentally and physically. Those
who suffer from this disorder have a difficulty with maintaining a healthy body weight and intake of food.
This bill will require insurance companies in Kentucky to cover expenses involving eating disorders. The
McCarran-Ferguson Act became law in 1945, placing insurance within the purview of the states. This bill will
apply to all eating disorders such as anorexia nervosa, bulimia nervosa, etc as diagnosed by a doctor,
psychiatrist, or clinical psychologist.

Section II: Over 8 million men and women in the US have an eating disorder; However, only 1 in 10 of these people receive treatment in part due to the lack of insurance coverage. Of all mental illnesses, eating disorders have the highest mortality rate with around 20% of cases being fatal. With treatment this number can drop to 2–3%.

16 17 Section III: This bill will require insurance companies to cover any physical and/or psychological expenses 18 directly connected with eating disorders, such as hospitalization and therapy. Expenses for therapy, including 19 rehabilitation programs and sessions with psychiatrists or psychologists, will only be covered at the 20 preferred provider locations - those approved by individual insurance companies. If the patient's condition 21 has not improved and the doctor or psychiatrist deems it necessary, the companies will be required to cover 22 residential treatment until the patient can function without residential care. Residential or inpatient care are 23 centers where patients can live receive the attention or psychiatrists who specialize in the recovery of 24 adolescents and adults who suffer from eating disorders.

26 Section IV: The Kentucky Department of Insurance currently regulates insurance companies and will 27 continue to do so by enforcing this bill upon passage.

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29 Section VI: This bill will go into effect 6 months after passage.