

 KENTUCKY YMCA YOUTH ASSOCIATION KENTUCKY YOUTH ASSEMBLY Legislative Bill	Red Bill # HB 48						
	Referred to Committee: House 2						
Authors: Alexa Glass, Rainey Hettinger, Alysia Mendia, Joe Storner	Action on the Bill <table> <tr> <td>House</td> <td>Senate</td> </tr> <tr> <td><input type="checkbox"/> Passed</td> <td><input type="checkbox"/> Passed</td> </tr> <tr> <td><input type="checkbox"/> Defeated</td> <td><input type="checkbox"/> Defeated</td> </tr> </table>	House	Senate	<input type="checkbox"/> Passed	<input type="checkbox"/> Passed	<input type="checkbox"/> Defeated	<input type="checkbox"/> Defeated
House		Senate					
<input type="checkbox"/> Passed		<input type="checkbox"/> Passed					
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School: St Patrick School							
City: Louisville							

1 An act to revise the SNAP benefits program to follow the WIC nutritional guidelines in Kentucky.
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3 **Be it enacted by the Youth Assembly of the Commonwealth of Kentucky**
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5 Section 1: This bill proposes SNAP (Supplemental Nutrition Assistance Program) benefits, formerly the Food
6 Stamp program to use the same nutritional guidelines as the WIC (Women, Infants and Children) program
7 that is currently in place. By ensuring that all benefits are used to purchase essential food items such as
8 fruits, vegetables, whole grains and other nutritious foods. This could influence lifetime nutrition health in
9 high risk populations.
10
11 Section 2: The WIC program saves lives and improves the health of recipients. The results of studies prove
12 the WIC is one of the nations most successful and cost effective nutrition intervention programs and has
13 been since 1974. Currently 20% of Kentuckians live in poverty. If SNAP benefits use the same food
14 guidelines as WIC, which is only for pregnant women and children 5 and under, the potential for all ages to
15 achieve a healthier lifestyle would be greater.
16
17 Section 3: The Kentucky SNAP guidelines will be converted to match that of the Kentucky WIC guidelines.
18 Both programs will continue to act as supplemental funds that are available throughout the use of a swipe
19 card that is reloaded each month. The existing annual state budgets for these two programs will be
20 combined so there will not be any additional costs. Any additional cost could be potentially offset by a
21 reduction in health care costs with lower rates of heart disease and diabetes.
22
23 Section 4: This bill will be enacted on year from passage.