

 KENTUCKY YMCA YOUTH ASSOCIATION KENTUCKY YOUTH ASSEMBLY Premiere Bill	Red Bill # HBP 16						
	Referred to Committee: House 4						
Authors: Bracey Burke, Rachel Matthews, Ellie Bruner, Jordyn Vann	Action on the Bill <table> <tr> <td>House</td> <td>Senate</td> </tr> <tr> <td><input type="checkbox"/> Passed</td> <td><input type="checkbox"/> Passed</td> </tr> <tr> <td><input type="checkbox"/> Defeated</td> <td><input type="checkbox"/> Defeated</td> </tr> </table>	House	Senate	<input type="checkbox"/> Passed	<input type="checkbox"/> Passed	<input type="checkbox"/> Defeated	<input type="checkbox"/> Defeated
House		Senate					
<input type="checkbox"/> Passed		<input type="checkbox"/> Passed					
<input type="checkbox"/> Defeated	<input type="checkbox"/> Defeated						
School: Flaherty Elementary School							
City: Ekron							

1 An act to require all schools in Kentucky to allow students a minimum of 30 minutes daily for a lunch break.

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3 **Be it enacted by the Youth Assembly of the Commonwealth of Kentucky**

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5 Section 1: Presently, there is no minimum time required for lunch for students in Kentucky. Since it takes the
6 human body a minimum of twenty minutes to determine if it is full and there are multiple health concerns for
7 eating too quickly, we believe that all students in Kentucky should be allowed at least thirty minutes daily for
8 lunch.

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10 Section 2: Each individual school will be required to adjust their daily schedules so that students are given at
11 least thirty minutes daily for lunch and continue to receive the state mandated minimum of six hours of daily
12 instruction.

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14 Section 3: Daily school schedules for each school will be submitted annually to the respective district
15 superintendents. All Kentucky superintendents will be responsible to ensure that every school in his/her
16 district is providing the minimum of thirty minutes daily for lunch for all students.

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18 Section 4: This bill should not cost any school or school district additional funds. The altered lunch schedules
19 should be designed to not increase any teacher contract days or daily work hours for cafeteria staff.

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21 Section5: This bill shall take effect for all students in Kentucky at the beginning of the next calendar school
22 year after passage.