

KENTUCKY YMCA YOUTH ASSOCIATION 2019 KYA MEAL MENUS

******THIS MENU IS A SAMPLE AND IS TENTATIVE******

No outside food is allowed in the Crowne Plaza Hotel. Only snacks for sleeping rooms are permitted.

Day 1

Dinner

This meal is NOT provided by the Kentucky YMCA Youth Association

Option 1: Blue Horse Dining

Mexican Buffet Special.....\$13

Ala Carte Specials.....\$13

Choose from a hamburger, fried chicken sandwich, fried cod sandwich, and a veggie burger

Option 2: Exhibit Hall Dining

Turkey, Cheese, and Lettuce Hoagie.....\$6

Hot Dogs.....\$3

Small Garden Salad.....\$5

Grilled Chicken Garden Salad.....\$7

Assorted Chips.....\$2

Giant Pretzel.....\$4

Coke Zero, Diet Coke, Sprite.....\$2

Bottled Water.....\$2

Chocolate and Whole Milk.....\$2

Day 2

Breakfast

This meal is NOT provided by the Kentucky YMCA Youth Association

Option 1: Blue Horse Dining, Crowne Plaza Hotel

Breakfast Buffet.....\$14

Option 2: Exhibit Area Dining, Crowne Plaza Hotel

Poptarts.....\$2

Brown Sugar Instant Oatmeal.....\$3

Toasted English Muffin with Sausage Patty.....\$4

Whole Fruit.....\$1

Yogurt.....\$2

Bottled Juice.....\$3

Chocolate and Whole Milk.....\$2

Lunch

This meal is provided by the Kentucky YMCA Youth Association

Claudia Sander Dinner House

Fried Chicken Lunch Buffet

Includes fried chicken, mashed potatoes, green beans, and yeast rolls

**Vegetarian & Vegan options include, house salad, green beans, and baked potato*

***Gluten Free option includes house salad, grilled chicken breast, green beans, and baked potato*

Dinner

This meal is provided by the Kentucky YMCA Youth Association

Crowne Dining, Crowne Plaza Hotel

KYA Buffet

Includes garden salad with croutons and ranch dressing, penne pasta with marinara sauce, beef meatballs in marinara sauce, garlic bread sticks, broccoli, and rice krispy treats

Day 3

Breakfast

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Area Dining

Continental Breakfast

Includes blueberry and chocolate muffins, pancake sausage wrap with syrup, apples, bananas, chocolate and whole milk, and orange juice

Adult Breakfast (Adults Only)

Breakfast Buffet

Includes assorted muffins, scrambled eggs, breakfast potatoes, bacon, assorted fruit, French toast with syrup, sausage gravy and biscuits, orange juice, coffee, and hot tea