	KENTUCKY YMCA YOUTH ASSOCIATION	Red   Bill # 50	
the	KENTUCKY YOUTH ASSEMBLY Legislative Bill	<b>Referred to Committee:</b> House 5	
Authors: Catherine Hale, Morgan Walli, Katie Milde, Salma Geneidy		Action on the Bill	
School: Sphinx Academy		House	Senate
City: Lexington			Passed Defeated

1 ר	An act to alter the daily schedule of the Kentucky Public Schools
2 3	Be it enacted by the Youth Assembly of the Commonwealth of Kentucky
4	be it chatted by the Fouth Assembly of the common weath of Kentucky
5	Section 1: This bill will rearrange the daily schedule for Kentucky Public Schools so as to have elementary, middle, and
6	high schools start the school day in said order rather than in the current order, which runs elementary, high school, and
7	then middle school. This bill will also postpone the daily start time of the school day one (1) hour from the starting times
8	currently in place; elementary schools will begin at 8:45 A.M., middle schools at 9:30 A.M., and high schools at 10:00
9	A.M. The end of the school day will also be pushed back one (1) hour.
10 11	Section 2: This bill will accommodate the biological sleep cycles of young people and especially teens, whose natural
12	sleep cycle favors sleep between 11:00 at night and 10:00 in the morning, making it difficult for teens to be awake and
13	alert during morning activities. Delayed sleep patterns are important to the optimal development and functioning of the
14	teen brain. Pushing the start of the school day back by one (1) hour has been shown to increase attendance, improve
15	academic performance, reduce the number of teen car crashes, and abate teen depression, thus making the public
16	school system more efficient and countering problems that affect the lives of young people.
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18 19	Section 3: This bill alters the current school schedule so that the high school day begins after the middle school day in order to allow proper operation of the busing system and maximize the benefit of the program for students. The busing
20	schedule will run the same way that it has in previous years, except it will be pushed back one (1) hour and scheduled so
21	that middle school students are dropped off/picked up before high school students to accommodate the new start
22	times of the school day.
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24	Section 4: This bill will leave the total hours of the school day intact. For example, if the current normal school day is
25	eight (8) hours long it will remain eight (8) hours under the new schedule.
26 27	Section 5: Extracurricular and other programs will remain in place, only they will be run in accordance with the new
28	schedule. For example, an after school program that currently runs from 3:30 to 5:30 would run from 4:30 to 6:30 on
29	the new schedule.
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31	Section 6: Economically, the impact will be minimal. Teachers will still work the same number of hours and buses will still
32	have the same routes and organization as they did before, just shifted in start and end times. Extracurricular and
33	student/family aid programs will run in the same manner.
34 35	Section 7: This bill will go into effect at the start of the 2015/16 school year.