

 KENTUCKY YMCA YOUTH ASSOCIATION KENTUCKY YOUTH ASSEMBLY Legislative Bill	Blue Bill # 21						
	Referred to Committee: House 2						
Authors: Ally Tripure, Hope Davis, Madelyn Stuber, Tiana Dang	Action on the Bill						
School: Seton Catholic School							
City: Lexington							
	<table border="0"> <tr> <td style="text-align: center;">House</td> <td style="text-align: center;">Senate</td> </tr> <tr> <td style="text-align: center;">____ <input type="checkbox"/> Passed</td> <td style="text-align: center;">____ <input type="checkbox"/> Passed</td> </tr> <tr> <td style="text-align: center;">____ <input type="checkbox"/> Defeated</td> <td style="text-align: center;">____ <input type="checkbox"/> Defeated</td> </tr> </table>	House	Senate	____ <input type="checkbox"/> Passed	____ <input type="checkbox"/> Passed	____ <input type="checkbox"/> Defeated	____ <input type="checkbox"/> Defeated
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1 An act to require all competitive and organized sports teams with athletes ages 11 and older to require a
2 sports physical to participate in the sport.

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4 **Be it enacted by the Youth Assembly of the Commonwealth of Kentucky**

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6 Section 1: Many middle schools and middle school aged sports teams do not require a sports physical. This
7 can be dangerous for many people who have a medical condition. The KHSAA bylaws state that any team
8 affiliated with their organization must require each student trying for a place as a participant on the sports
9 team or event to have a sports physical to participate. Not all teams are required to follow these bylaws. For
10 example, neighborhood swim teams are not required to follow these rules.

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12 Section 2: A sports physical checks on the medical history such as past injuries, past illnesses, illnesses in
13 your family ect. During a sports physical, healthcare professionals records the athlete's heights and weight,
14 they check blood pressure and pulse, and the athlete's vision, lungs, heart, abdomen, ears, nose, and throat
15 are evaluated. Additionally, the athlete's posture, joints, strength, and flexibility are assessed as well.
16 One specific illness that can show up during a sports physical is female athlete triad. There are three
17 conditions that make up the female athlete triad: disordered eating, amenorrhea, and osteoporosis. This
18 illness can consist of one, two, or all three conditions. In addition, there are two are other illness that are
19 often detected during these physicals. Asthma is a lung disease that causes the infected to have trouble
20 breathing and can cause lack of oxygen in the lungs. Epilepsy is a brain disorder where the person will loose
21 consciousness for no reason or have repeated seizures.

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23 Section 3: The bill will have no cost.

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25 Section 4: The first penalty will be a fine of \$50. The second offense will be a fine of \$150, and the third
26 offense will result in the suspension of the acting coach for one full season. The official coach will submit all
27 player physicals to the health department at least (2) weeks prior to the first practice.

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29 Section 5: This bill will go into effect in the 2015-2016 school year.