

 <b>KENTUCKY YMCA YOUTH ASSOCIATION KENTUCKY YOUTH ASSEMBLY Legislative Bill</b>	<b>Red   Bill # 43</b>						
	<b>Referred to Committee: House 2</b>						
<b>Authors:</b> Rachana Charla, Reka Gal	<b>Action on the Bill</b>						
<b>School:</b> Winburn MS							
<b>City:</b> Lexington							
	<table border="0"> <tr> <td style="text-align: center;"><b>House</b></td> <td style="text-align: center;"><b>Senate</b></td> </tr> <tr> <td style="text-align: center;">___ <input type="checkbox"/> Passed</td> <td style="text-align: center;">___ <input type="checkbox"/> Passed</td> </tr> <tr> <td style="text-align: center;">___ <input type="checkbox"/> Defeated</td> <td style="text-align: center;">___ <input type="checkbox"/> Defeated</td> </tr> </table>	<b>House</b>	<b>Senate</b>	___ <input type="checkbox"/> Passed	___ <input type="checkbox"/> Passed	___ <input type="checkbox"/> Defeated	___ <input type="checkbox"/> Defeated
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- 1 An act to require 20 Minutes of Recess/Gym daily in Middle Schools by eliminating the amendment SFA 2 on
- 2 Kentucky SB172.
- 3
- 4 **Be it enacted by the Youth Assembly of the Commonwealth of Kentucky**
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- 6 Section 1: The amendment SFA2 on the SB172 eliminates the time requirement for recess in middle school
- 7 and high schools in Kentucky. This bill is designed to provide at least 20 minutes of exercise daily to middle
- 8 school students. This act only affects public schools. If the school already has the required 20 minutes, no
- 9 additional time will be added.
- 10
- 11 Section 2: This bill will lower the obesity rates in Kentucky, Kentucky is the 5th most obese state in the US.
- 12 To lower obesity, the calorie intake should be lower and the exercise should be higher. This bill will help to
- 13 lower the obesity rates, while students are feeling healthy, happy, releasing stress.
- 14
- 15 Section 3: The manner of exercise/recess shall be decided by the district, providing that the minimum of 20
- 16 minutes is met daily. A possible activity would be to teach different exercises based on various cultures to
- 17 inform students about different cultures while enjoying themselves.
- 18
- 19 Section 4: The exercise program will not cost money unless the district chooses to participate in activities
- 20 that require money. An example would be when the items needed for an activity would be used from Title I
- 21 funds.
- 22
- 23 Section 5: The bill will be enforced by gym teachers who receive an supplement in their pay from Title I funds.
- 24 The teachers will inform the district when the school has followed through with the exercise requirement.
- 25
- 26 Section 6: If the daily exercise is not in action, the school will be fined \$200, with each fine increasing by
- 27 \$100, not to exceed \$500 for each month the school is not in compliance. If the schools continue to ignore
- 28 the bill the school will receive sanctions and possible suspension of school staff.
- 29
- 30 Section 7: The bill will be enacted September 1, 2015.
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