



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Character Development Retreat

January 16 -17th, 2021

GFI Bluegrass | Grades 6 - 8

GFI Commonwealth | Grades 9-12

Go For It is an inspirational and motivational experience that builds servant leaders through personal discovery and skills development. Through in-depth guided discussion, small group activities, and teambuilding, teens hone leadership skills and explore their own values in a unique virtual space.

A rare space where teens can truly be themselves, students have fun, forge lasting bonds with peers from around the Commonwealth and emerge better prepared to be effective servant leaders in their home, school and community.

Register at <http://www.kyymca.org/qfi>

A VIRTUAL RETREAT

This year, Go For It 2021 will take place entirely online, making it more accessible than ever! As students seek to strengthen connections, the Kentucky Y has worked to become the leading expert at forging incredible online experiences, building strong relationships, and capturing the same old magic in a new and exciting space. Virtual GFI will include:

- Small group (or “family”) sessions with activities and discussions in individual Zoom rooms
- Virtual games played as individuals and teams
- Expression Session where students can perform, share talents, or just be silly
- Time to hang, chat, and build friendships with other participants
- Guided meditations and inspirational pieces

PROGRAM CURRICULUM

Go For It is a fun leadership opportunity, and a way to create lasting friendships and find mutual connections.

This year’s GFI 2021 program will include:

- Self-exploration and goal-setting
- Understanding leadership styles
- Celebrating diversity
- Empathy building
- Discussing community and social issues
- Building and strengthening relationships
- Expanding perspectives
- Personal development

Additionally, GFI has a different special theme every year. This year’s theme is titled *These Times, They Are a Changin’* and will include activities and discussions surrounding:

- Social justice and equity
- Active advocacy
- Allyship
- Serving others
- Leading by example
- Taking responsibility
- Making adjustments
- Practicing kindness

REGISTRATION

Register at www.kyymca.org/gfi

Deadline: Mon., Jan. 4, 2021

Students register/pay and attend GFI individually rather than as a school delegation

SCHOLARSHIP

The Y is committed to ensuring access to our programs for all interested students. If a student has not yet applied for scholarship this year (2020-21), the student and parent/guardian must fully complete the scholarship application:

Apply at www.kyymca.org/scholarship

Note: If you received a scholarship for KYA 2020, you may apply the same amount to your GFI 2021 registration.

A **Pioneer Discount** of \$10 is available on a limited basis to students who are the first from their school to attend GFI. On-time registration is required for eligibility.

For full pricing information, visit www.kyymca.org/gfi

ADDITIONAL QUESTIONS

For additional questions, please contact our GFI Conference Director:

Ricki Brooke Link | Program Director | ricki@kyymca.org