

KENTUCKY YMCA YOUTH ASSOCIATION

2021 KYA MEAL MENUS

******THIS MENU IS A SAMPLE AND IS TENTATIVE******

No outside food is allowed in the Crowne Plaza Hotel. Only snacks for sleeping rooms are permitted.

Day 1

Dinner, Night 1

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Turkey, Cheese, and Lettuce Hoagie.....\$6

Hot Dogs.....\$3

Small Garden Salad.....\$5

Grilled Chicken Garden Salad.....\$7

Assorted Chips.....\$2

Giant Pretzels.....\$4

Coke Zero, Diet Coke, Sprite.....\$2

Bottled Water.....\$2

Chocolate and Whole Milk.....\$2

Breakfast, Morning Day 2

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Poptarts.....\$2

Brown Sugar Instant Oatmeal.....\$3

Toasted English Muffin w/Sausage Patty.....\$5

Whole Fruit.....\$1

Yogurt.....\$2

Bottled Juice.....\$3

Chocolate and Whole Milk.....\$2

Lunch, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Warm Boxed Meals

Includes chicken tenders, mac and cheese, and green beans

**Vegetarian & Vegan options include*

***Gluten Free options includes house salad, grilled chicken breast, green beans, and baked potato*

Dinner, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Warm Boxed Meals

Includes spaghetti and red sauce, meatballs offered on the side with garlic bread, broccoli, and garden salad w/dressing, and rice krispy treats

***Gluten Free options will be available*

Breakfast, Day 3

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Boxed Continental Breakfast Meals

Includes nut-free muffins, pancake sausage wrap with syrup, apples, bananas, chocolate and whole milk, and orange juice

***Gluten Free options will be available*