

**Kentucky YMCA Youth Association
GO FOR IT 2022
COVID-19 Safety Protocols**

The health and safety of our participants has been, and always will be, our top priority.

The Kentucky YMCA Youth Association is excited to host GFI in-person and will do everything possible to ensure the health and safety of all participants. Please know that participants will be participating in many activities that can involve increased risk for the transmission of COVID-19. While we will adhere to CDC guidelines, all participants are attending at their own risk. Participation is purely voluntary, and the Kentucky YMCA Youth Association cannot be held responsible if a participant contracts COVID-19 or is exposed to the virus.

We intend to comply with guidelines and recommendations of the [Centers for Disease Control and Prevention](#), [American Camp Association](#), YMCA of the USA, as well as our state and local health departments to ensure we provide the healthiest environment possible. This KY YMCA website/document will be updated as guidelines may change.

Last updated: January 27, 2022

Pre-Conference Protocols

In order to attend GFI 2022, participants must adhere to the following:

- 1. Receive a negative COVID-19 Test the day of the conference (February 12th).** All student participants will be asked to take a COVID-19 test the day the conference begins and take a picture of their negative test results alongside a piece of paper with their name and date in the picture. This picture will need to be shown in-person at check-in. Test results must be back by the time the student checks-in at conference. At home tests are allowed for these purposes. It is the responsibility of the student participant to find a test and take it the day of the

program. If you are struggling to find a test please contact ricki@kymca.org. If you are going to take an in-home test we encourage you to purchase one asap as they are in high demand. A negative test is required from all student participants, regardless of vaccination status.

2. **If you are fully vaccinated (have received your booster if eligible or are not booster eligible)** we will ask that you bring a copy of your vaccination records. Vaccination is not required but will determine a different course of action if symptoms appear at conference or after.
3. If you tested positive recently, a 10 day quarantine (day zero is the day you tested positive) is required or you must test negative after day five. Students who are still testing positive or are under the five day quarantine are not permitted to attend.
4. If unvaccinated and you have been directly exposed, a 10 day quarantine is required or you must test negative after day five. Unvaccinated students directly exposed under five days should not attend the conference, even with a negative test.

Please note that adult and student participants will not be allowed at the conference if negative test results are not present. **No refunds will be given if someone shows up without this necessary documentation.** Testing will not be available onsite, unless arrangements have been made with the director due to not being able to find a test.

Staff and volunteers of the KY YMCA will follow all policies listed above. If a staff member or adult is unvaccinated they will be asked to test on both the day of training and first day of conference if they have been exposed within 10 days of the program. Unvaccinated adults directly exposed under five days should not attend the conference, even with a negative test.

Any student or adult experiencing any of the known COVID-19 symptoms, (including, but not limited to, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, congestion, or runny nose, diarrhea, vomiting) must not attend the conference. Those with extenuating circumstances (e.g. doctor's note, documented Covid-19 exposure/test, or death in the family) can email starla@kymca.org to explain their request for a larger refund. These

requests will be handled on a case-by-case basis, factoring in incurred costs.

The KY YMCA understands that the conference policies may be stricter than some school policies, but we believe it is necessary to create the safest conference environment possible.

The KY YMCA will not grant any exceptions to the policies stated above.

Participants' families will also be asked to complete a health questionnaire/health screening pre-conference to assess the potential exposure of the participants to the COVID-19 virus. If a participant shows symptoms right before arriving to GFI, they will be asked to stay home. This completed form should be given to Y staff members during registration..

A COVID-19 Waiver is required to be signed by all adult and student participants.

It is incredibly important that the KY YMCA has **each participant's most accurate emergency contact information** should we need to contact a parent or guardian in the event of a COVID-19 exposure, or if your teen tests positive (or shows symptoms) for COVID-19.

At-Conference Protocols

General:

1. We will operate at a **lower capacity**, in accordance with CDC guidelines and our own abilities to maintain a safe environment.
2. Masks will be required indoors unless eating, sleeping, showering, or brushing teeth. **Masks must be worn over the nose and mouth at all times. Gaiters, bandanas and cloth masks will not be allowed at the conference. A surgeon mask, N95, KN95 or 94 masks are required.** If a participant does not abide by our masking policies, they will be asked to leave the conference without a refund. The KY YMCA will not grant any exceptions to the masking policy.

****The KY YMCA is working to acquire N95 masks for all participants (2 per person). Due to shipping restrictions these masks may not come in so please bring your own masks. If they do come in we will ask all participants to wear this mask as our preferred mask.****

3. Large group sessions will take place, but **physical distancing of 3 feet** will be in place to the extent we are able at the venue.
4. Youth and adults will be encouraged -- and provided with opportunities -- to wash their hands frequently and use the hand sanitizing stations around the hotel when hand washing is not possible.
5. Registration--Only one parent/guardian will be allowed indoors for registration. This individual is required to wear a surgical mask, KN95, N95 or 94 mask when indoors. Parents/guardians will be asked to leave immediately after the registration period. Students are expected to take their luggage to their room on their own. If assistance is needed for your student please contact ricki@kyymca.org before the conference. Parents/guardians may drive students to the Orchard Cabins to drop off their luggage but should not enter the sleeping area. It is encouraged for students to register/check-in on their own, as long as all paperwork has been completed by their parent/guardian.

Meals:

1. Meals will be provided in a cafeteria setting. Similarly to many school settings, this will be a time when students are unmasked in a contained space. We will work to have students eat in their family groups when able.

Sleeping Rooms:

1. Students will be assigned to a room that has anywhere from two to seven people sleeping in it. In the cabin areas we are

putting a max of seven people in a room, even though they sleep twelve, to decrease exposures.

2. While some rooms may have private bathrooms and shower areas, most rooms have shared common bathrooms. We will encourage students to wear their mask unless they are showering or brushing their teeth and will encourage them to not crowd the shared spaces.
3. Stairs will be encouraged at all times- except for accessibility purposes- to **limit time on elevators**.

GFI Families (small program groups):

1. Families will be assigned to keep exposures to minimums. Twelve to fourteen people will be in a family group. Students will be in a family with at minimum one of their roommates. When we can put all roommates together in a family we will.

Sick Policy Before and At Conference

Any student or adult **experiencing** any of the known COVID-19 symptoms, (including, but not limited to, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, diarrhea), or who has **been in close contact with a confirmed case** of COVID-19 in the 10 days prior to the conference, and have not tested negative after five days **must not attend the conference**.

All students and adults must be **72 hours free of fever, vomiting and diarrhea** before attending the conference.

If a student or adult becomes sick while at the conference, **we will work to quarantine them into their own room and will move any roommates to a new room**. The potentially ill participant will be required to create a plan to be picked up from the conference within a six-hour period. **All illnesses fall under this policy** and there are no exceptions as we cannot take additional risks around health and safety measures. Refunds will not be given as all incurred fees will have already been paid for. Those with extenuating circumstances (e.g. doctor's note, documented Covid-19 exposure/test, or

death in the family) can email starla@kymca.org to explain their request for a larger refund. These requests will be handled on a case-by-case basis, factoring in incurred costs.

The safety of our students, volunteers and staff is our number one priority. The KY YMCA will use **contact tracing** to determine if any students were directly exposed to COVID-19. If your student rooms with someone or is in a small group with someone who tests positive directly following the conference, family members of teens who were directly exposed will be contacted immediately. We are using guidelines from the CDC and State/Local Department of Health and schools to detect levels of exposure. **If a student or advisor tests positive directly following GFI please contact ricki@kymca.org so that contact tracing can begin.**