

KENTUCKY YMCA YOUTH ASSOCIATION
2023 KUNA MEAL MENUS

******THIS MENU IS A SAMPLE AND IS TENTATIVE******

No outside food is allowed in the Crowne Plaza Hotel. Only snacks for sleeping rooms are permitted.

Dinner, Night 1

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Turkey, Cheese, and Lettuce Hoagie.....\$6

Veggie Burger.....\$7

Spicy Chicken Sandwich.....\$7

Gluten-Free Club Sandwich.....\$7

Small Garden Salad.....\$5

Grilled Chicken Garden Salad.....\$7

Assorted Chips.....\$2

Fruit Cup.....\$4

Giant Pretzels.....\$4

Coke Zero, Diet Coke, Sprite.....\$2

Bottled Water.....\$2

Chocolate and Whole Milk.....\$2

Breakfast, Morning Day 2

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

- Poptarts.....\$3
- Brown Sugar Instant Oatmeal.....\$3
- Toasted English Muffin w/Sausage Patty.....\$5
- Vegetarian and Vegan Breakfast Burritos.....\$6
- Gluten-Free Mini Quiche Muffins.....\$5
- Whole Fruit.....\$1
- Yogurt.....\$2
- Bottled Juice.....\$3
- Chocolate and Whole Milk.....\$2

Lunch, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Chicken tenders, green beans, mac-and-cheese, bottled water

***Gluten Free options includes house salad, grilled chicken breast, and green beans*

Dinner, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Burrito Bowl Bar, includes: chicken, ground beef, refried beans (vegetarian), rice, queso, lettuce, cheese (students build their own bowl)

Breakfast, Day 3

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Includes nut-free muffins, pancake sausage wrap with syrup, apples, bananas, chocolate and whole milk, and orange juice

***Gluten Free options will be available*