

KENTUCKY YMCA YOUTH ASSOCIATION

KYA & KUNA MEAL MENUS

*****THIS MENU IS A SAMPLE AND IS TENTATIVE*****

No outside food is allowed in any programming area in the hotel. Only snacks for sleeping rooms are permitted.

Dinner, Night 1

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

- Cheeseburger.....\$8
- Hamburger.....\$7
- Turkey, Cheese, and Lettuce Hoagie.....\$6
- Veggie Burger.....\$7
- Gluten-Free Club Sandwich.....\$7
- Small Garden Salad.....\$5
- Grilled Chicken Garden Salad.....\$8
- Assorted Chips.....\$3
- Fruit Cup.....\$4
- Giant Pretzels.....\$4
- Coke Zero, Diet Coke, Sprite.....\$2
- Bottled Water.....\$2
- Chocolate and Whole Milk.....\$2

Breakfast, Morning Day 2

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

- Poptarts.....\$3
- Chicken Biscuit.....\$6
- Nut-free Muffin.....\$4
- Gluten-Free Mini Quiche Muffins.....\$7
- Mini Vegetarian Frittata Muffins.....\$7
- Vegan Breakfast Tacos w/Quinoa & Vegetables.....\$7
- Yogurt.....\$3
- Bottled Juice.....\$3
- Chocolate and Whole Milk.....\$2

Lunch, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Chicken tenders, green beans, mac-and-cheese, bottled water

***Gluten Free, Vegetarian, & Vegan options includes house salad, grilled chicken breast, veggie burgers, and green beans*

Dinner, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Burrito Bowl Bar, includes: soft taco shells, vegan sauteed vegetables (peppers, onions, mushrooms), chicken, ground beef, refried beans (vegetarian), rice (vegan), queso, shredded lettuce, cheese, tortilla chips (students build their own bowl)

Breakfast, Day 3

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Includes scrambled eggs, pancakes with syrup, orange juice

Vegan & Gluten-Free waffles